

NAPA VALLEY ACTIVITIES WITH CHILDREN

Following is a list of some wineries that are particularly great for children along with several fun activities around the Napa Valley for children & adults.

Wineries that Kids Like

Sterling Vineyards

Calistoga

www.sterlingvineyards.com

Sterling offers an aerial tram tour up to the winery on a hilltop which offers stunning views. At the top of the hill, there is a self-guided tour of the winery that ends in the tasting room. For tasting, while adults enjoy wines on the beautiful hillside outdoor deck, children are offered juices or water, plus crayons and coloring books.

Castello di Amoroso

Calistoga

www.castellodiamoroso.com

The castle scenes in Disney's *Bedtime Stories* were filmed at this castle in 2008. It's an amazing Medieval castle built in recent years that houses a winery. They offer Castle tours which include wine tasting, and children love exploring the castle, especially the dungeon. During wine tasting, children are offered juice and coloring activities.

Chateau Montelena

Calistoga

www.montelena.com

Chateau Montelena's tasting room is open to the public, and although the tasting room specifically is not geared towards kids. The grounds are beautiful, and a nice stop with children. Just outside the tasting room, there is a beautiful fish pond. The property is surrounded by amazing gardens, and just down the hill from the winery is their own Jade Lake, which has bridges, and two islands where they allow their wine club members to picnic. Kids enjoy going out on the bridges to feed the fish, swans, ducks & turtles who call this lake home. The winery typically keeps bread stashed in a basket on the bridge just for this purpose.

St. Supéry Winery

Rutherford

www.stsupery.com

St. Supéry offers lots of interactive displays that both children and adults enjoy. There is also a large outdoor patio & lawn area for children. They offer coloring books for children as well.

Napa Valley Activities with Kids

Cooking Demos at the CIA

St. Helena

www.ciachef.edu/enthusiasts/programs/gs_demos/

Our CIA campus in Napa Valley offers cooking demonstrations. Children and adults often enjoy the live demonstrations and tastings. Check out the schedule to see what's cooking.

Safari West

between Calistoga & Santa Rosa

www.safariwest.com

A wildlife sanctuary situated in the heart of Napa Valley. They offer safari adventures which allow you to travel through their wildlife preserve in an open-air jeep. They also have lodging available for overnight stays surrounded by wild life.

Nimbus Arts

between St. Helena & Calistoga

www.nimbusarts.org

Unique art studio for all ages in Napa Valley. Offers varying art classes and programs for all ages from short 2 hour programs to week-long courses.

Old Faithful Geyser

Calistoga

www.oldfaithfulgeyser.com

Witness the spectacular geyser erupt about every half hour in this geothermal site. They also have lots of picnic area and a petting zoo where you and your family can get up close and personal with a variety of different animals.

Cameo Cinema

St. Helena

www.cameocinema.com

Cameo is a quaint almost 100 year old movie theater that has been restored in St. Helena. They often show movies that are good for the whole family, so check their show schedule for when you'll be in town.

Firefighters Museum Downtown Napa www.napafirefightersmuseum.org
In downtown Napa, the Firefighters Museum is a tiny treasure filled to the rafters with fire trucks, old-fashioned hose carts and everyone's favorite: a pair of stuffed Dalmatians.

St. Helena Public Library St. Helena www.shpl.org
St. Helena Public Library has a great children's area with plenty of room for comfortable reading as well as some computers with some educational games and stories geared towards children. They also host several story times and craft times each week, and some times children's movies.

Napa Valley Wine Train Napa www.winetrain.com
Vintage rail cars travel through the vineyards in beautiful napa valley for lunch & dinner. They often have family nights when they have a kids car with pizza & a movie, and during the holidays, don't miss the Santa Train with carolers, holiday cookies, and special visitors.

Farmer's Markets (In Season, Various Locations)
Several great local farmer's markets are available in Napa Valley's many towns from May – October:
Calistoga: Saturdays 8:30 a.m. to 12:30 p.m. Lincoln Ave.
St. Helena: Fridays 7:30 a.m. to noon. Crane Park.
Yountville: Wednesdays 4 to 8 p.m., Washington St.
Napa: Tuesdays 7:30 a.m. to noon. Kaiser, Lui, Lee Building on Main Street.
Napa: Chef's Market – Thursdays, 6pm-9pm, downtown

Outdoor Recreation

Crane Park St. Helena www.ci.st-helena.ca.us/section.cfm?id=30
Large community park with several children's play structure, volleyball nets, horseshoe courts, bocce ball courts, and more. St. Helena has several great parks, see website link above for locations and amenities offered at all of the parks. Similarly Calistoga offers several parks, and a new community pool with fun children's water features. Check out their website for more information: www.ci.calistoga.ca.us.

Playground Fantastico Napa www.playgroundfantastico.com
Whimsical outdoor community park with fort-like adventure playground structures that allow for lots of imaginative play.

Bale Grist Mill between St. Helena & Calistoga www.parks.ca.gov/?page_id=477
State Historic Park with an old mill and water wheel. They often run the mill to grind wheat & corn into flour. It's really neat to see the mill in action, and you can buy some of the freshly ground flours on-site.

Bothe Napa Valley State Park between St. Helena & Calistoga www.parks.ca.gov/?page_id=477
Large state park with many hiking trails. There is also a large swimming pool under the trees perfect to splash around in, and even horseback riding. This is a great place where you and your kids can run around and enjoy the outdoors. If you're interested in planning a horseback trail ride, Triple Creek Horse Outfit runs this, and can be reached at (707) 887-8700, or on the web at www.triplecreekhorseoutfit.com.

Dining with Children in Upper Valley Area (a few listings by town)

Calistoga
Calistoga Inn & Brewery: brewpub with grill food, and lots of children's options; large outdoor patio, and outdoor yard with horseshoe pit www.calistogainn.com
Checkers: small Italian restaurant downtown, lots of pizza & pasta options & coloring for kids
www.checkers.com

St. Helena

Taylor's Refresher: upscale fast food with a large outdoor dining area, and lots of room for children to run around www.taylorsrefresher.com

Pizzeria Tra Vigne: top quality wood-fired pizza & pasta in a great setting with indoor & outdoor dining options; with a pool table, large screen TV www.travignerestaurant.com/pizzeria

Silverado Brewing Company: brewpub just North of St. Helena, right near Freemark Abbey Winery in historic building, indoor & outdoor dining options www.silveradobrewingcompany.com

Market: up-scale American classic comfort food in downtown St. Helena. Kids never want to miss the S'mores for dessert, when they get to roast marshmallows right at their table. www.marketstheleena.com

Villa Corona: casual Mexican restaurant in downtown St. Helena www.villacoramex.com

Rutherford

Rutherford Grill: part of the Hillstone restaurant group, great American food in the heart of the Napa Valley; indoor & outdoor dining options.